

3942 Facility offers complimentary therapies

by RENÉE M. LISS
Reporter

Father Nelson Baker once walked through a grocery store at 856 Ridge Road, Lackawanna.

The building is now owned by Patricia DePrima and is the home of Life's Gifts Unfolded, Inc., co-owned by Elaine Stolarski of Blasdell and Christine Bailor-Goodlander and Anette Savitz of Williamsville.

DePrima said she can feel the spirit of Father Baker throughout the house and in his honor, the business gives a portion of its proceeds to charities, including Corner Stone, the Buffalo City Mission and the WHYME House. They also volunteer throughout the region.

Life's Gifts is a complimentary service. It's meant as a supplement to traditional medical care, treating the spirit in addition to the body.

"It's a place where people can come and feel comfortable," DePrima said. "People always say it feels like coming home."

She added that often people don't want to leave once they've entered.

The partners met about four years ago while taking a class in cranio sacral therapy and decided it would be "nice" to have a center for non-traditional medicine.

The women are certified in many health-related fields, such as occupational therapy, massage therapy, nursing and reiki.

They are affiliated with the American Counseling Association, Ann n Occupational

Therapy Association, American Pacific University, Associated Body Workers and Massage Practitioners, International Association of Health Care Practitioners, International Hypnosis Federation, National Guild of Hypnotists, New York State Occupational Therapy Association, Parkinson's Wellness Group of Western New York and Upledger Institute of Cranio Sacral Therapy.

Savitz offers a relaxation technique unique to Western New York.

She uses "tone bowls" to heal through vibrational sound. The seven bowls are made from pure quartz crystal and imported from Salt Lake City. They correspond to the seven chakras, or energy centers, of the body and the musical notes they produce are meant to open and cleanse the chakras. Savitz said she then fills them up again with love.

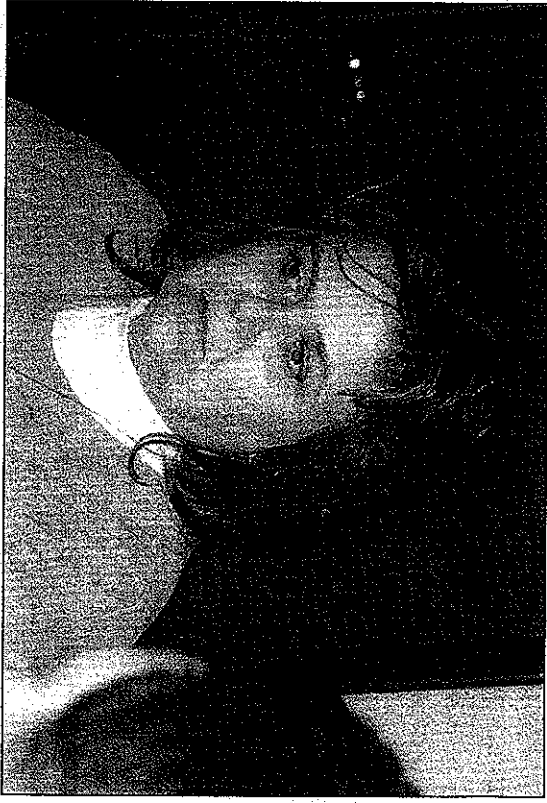
"This is great for children with ADD," she said. "It balances the right and left hemispheres of the brain."

The bowls get smaller as the corresponding chakras become higher on the body. Except that the throat bowl is the second-largest.

The technique is also used by Deepak Chopra.

"I work in higher dimensions," Savitz said.

She added there is an oncologist at Roswell Park Cancer Institute who is experimenting with vibration therapy. She said he implants probes in cancerous livers and the vibrations have been shown to break up the cancer



During a class on kinesiology, reflexology and iridology, Lois Papaj of West Seneca listens intently.

Photo by Renée M. Liss

cells. She said the vibrations speak to the primitive brain, which rests directly atop the spinal chord.

The center also offers women's retreats, couple retreats and mini-retreats. A woman's group will be held from 6:30-10 p.m. Friday, Oct. 8 for a donation of \$10. A meal, coffee and tea will be served. The topic will be "Humor with Barbara Pelc."

A couple's retreat will be from 6:30-10 p.m. Saturday, Oct. 16. Cost is \$40 per couple and participants will learn massage and Tantra yoga.

The women have been hired to go into businesses to conduct stress management and talk about wellness with employees. Age and gender are not a factor in who is w me to the center's

activities and DePrima said cost is not a factor. She said they don't take insurance because it can be limiting.

For every \$100 spent at the center, customers are offered a 30-minute therapy session of their choice.

The facility includes a full kitchen, a common area and several private rooms for personal treatments. They also have a vendor's corner where people can sell their wares through the center.

She is an intuitive about to be registered with Lily Dale and she offers parties where people can receive readings. She also has a master's degree in counseling.

For a complete list of services and classes, call 636-3122 or e-mail PJDMMS@aol.com.

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