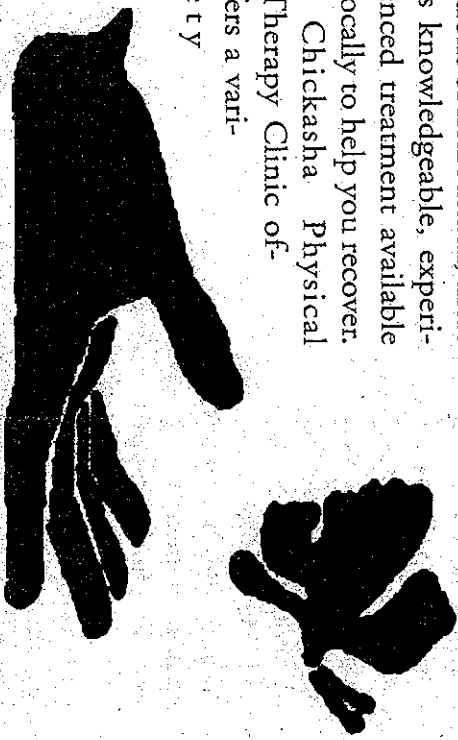


# A Variety of Treatment Options Available

Whether you are needing help with a sports related injury such as shoulder, knee, ankle or hand; a back or hip injury from a fall or auto accident; work related injury of repetitive motion or cumulative trauma; or such things as a stroke or heart attack, there is knowledgeable, experienced treatment available locally to help you recover.

Chickasha Physical Therapy Clinic offers a variety



of treatment options for any health related problems you may have. We have a staff with many years of experience in both physical rehabilitation, exercise and use of modalities as well as in the use of manual therapy techniques.

For those of you who say you have already tried traditional therapy and feel you did not get as much benefit from it as you had hoped, perhaps some of the alternative treatment methods offered through manual therapy are what you need.

Manual therapy has been very helpful in treating a variety of health problems. Our therapists have over 20 years of treating patients using such techniques as cranio-sacral, myofascial release and many other manual therapy techniques.

PT, and owner of Chickasha Physical Therapy Clinic has had more hours of training in these manual techniques than anyone in the state of Oklahoma through the Upledger Foundation. She continues to attend and teach in seminars to help educate her fellow therapist in these techniques and to improve her skills to the benefit of her patients. She has been practicing these techniques successfully in her own clinic for over 20 years. These types of therapy work in a very gentle, non stressful way that encourages your body's own natural healing

mechanisms to alleviate any negative effects of stress on your body. Not only does it assist in healing but you also benefit from better overall health and resistance to disease with these techniques. When you choose where you want to have your therapy treatment, and remember you do have a choice, remember that Chickasha Physical Therapy provides you with a wide range of treatment options appropriate to your needs. We also provide a very friendly, caring atmosphere for your treatment and recovery.

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