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LilyPond Welcomes CranioSacral Practitioner

By LilyPond Aquatic Center

ROCKPORT (Jan 24): Terry Miller, A certified CranioSacral Therapist is the newest member of the LilyPond Aquatic Center. She brings this gentle hands on healing modality to the Center's therapy pool and treatment room. BioAquatic CranioSacral Therapy utilizes the free movement support and buoyancy of warm water to evaluate and improve the function of the central nervous system. CST is effective in resolving a wide range of health problems associated with pain and dysfunction, including: migraine headaches; chronic neck and back pain; motor-coordination impairments; colic; autism; orthopedic problems; birth trauma; learning disabilities; chronic fatigue; emotional difficulties; stress and tension-related problems; TMJ; post-traumatic stress disorder; and post-surgical dysfunction.

Terry has experience utilizing the work of BioAquatic Therapy in the Dolphin Assisted Programs with the Upledger Institute in the Bahamas. She is currently designing an intensive program for multi-hands pool therapy at the Center. Formally a nurse with over twenty years experience in hospital and home health services, Terry has spent the past twelve years in a private practice in West Virginia helping individuals and families resolve core issues of pain, trauma and life altering events. Terry can be reached at 785-5785.

Terry Miller

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