

Loss of Baby SER and CranioSacral Therapy

By: Rebecca Ridge

Personal Information: Client 2. "C" **Birth date:** 2-17-57 **Sex:** Female

History: Low Back pain and miscarriage 9 months previously. No other treatment for these symptoms to my knowledge

Evaluation: Restriction of right AO. left side of body is much tighter, tension and holding in Pelvis, Solar Plexus, and pain in right leg.

Tools: Treated with 10 step protocol, positional release and massage to finish.

Objective results: Released pelvic and solar plexus diaphragm, Visceral release of the Liver and Stomach, to remobilize. Decompression of occiput and sphenoid. Treated psoas muscles with positional release and also adductor muscles in the right leg.

Subjective results: The client experienced SER in response to the loss of her baby, lots of grief and sadness discharged emotionally when treating the pelvic diaphragm. Suggested we do a biological completion of the birth, which seemed to be held in her pelvic diaphragm and triggering in the liver, hormonally, even though it had been some time since the miscarriage, It turned out that the day of her treatment was very near to the baby's intended due date. Recreated a birthing experience of the spirit of the baby and then a letting go process to fully release the baby's spirit from her body and energy field as well as her mind. She had a full body catharsis. We had two follow up sessions to complete the process in her body. 1 year later this client got pregnant and has since had a healthy baby boy.

Number of sessions: 3

Length of sessions: 1 and 112 hours