



Cranio sacral therapy and total loss of diagnosis of autism

by Daniela | Jan 3, 2018 | Health | 2 comments



You may wonder how cranio sacral therapy has autism and why anyone would find such a title for an objective article.

This is the real story of a heroine mother and her daughter, a story I asked her to allow me to share with you.



I met Emily through the Internet, also part of a huge group of parents and therapists looking for alternatives to restoring the health of their children.

The day Emily confessed to me that her daughter had definitely and irrevocably lost her autism diagnosis and asked her to prepare for a blog interview so you could find out how it was possible.

Below I translated word-word everything she shared with me, just as it was written:

"Your child can thrive in his life

My name is Emily A. Francis. I am an author, a clinical massage therapist specializing in manual lymphatic drainage and combined decongestion therapy, as well as other specialized training areas. More than any accreditation I hold, however, I take my most sacred role in the world. I'm a wife and a mother. There is nothing bigger or more important to me in this world than my family. Therefore, when my child was diagnosed at age 3 with autism spectrum disorders, I gave up everything I was doing and started working to recover my baby.

When you get a diagnosis, it's very difficult to find out which movement is the right move. Which doctor is the best doctor. Which team will be on your side for your baby. You feel like you're on a battlefield of health care providers who sometimes have and sometimes do not have your child's best interest on their own agenda. Because I do not want to engage in a profound debate about vaccines, I just want to quote what the development pediatrician told me when I reached this topic: "I can not say that vaccines are the causes of autism ... but there is certainly link between them ". I will simply summarize just to say this.

Autism is a diagnosis of behavioral problems. The lack of certain social abilities and behaviors are the big signs that something has not developed properly in the child's brain. Does not make

contact with the eyes, walks on the toes, rotates constantly, does not speak or does not touch the natural stages of development.

The trigger factor for the symptoms of each child varies greatly and therefore there are no established guidelines for what determines a child to behave in one way or another. In almost all cases, regardless of the diagnosis received or the way each child reacts or behaves, the treatment plan is a general plan that each physician and every therapist prescribes.

Medicines are often a fast-paced method to treat these behavioral problems. The other method is always ABA therapy. The applied behavioral analysis is the oldest therapy to treat autism. It's a series of repetitive therapies. They are rewarded if they do what they are told and are punished if they do not do what they are asked for. Something is given when they are "good" and something is removed when they are not "good".

In addition to pediatric developmental psychologist, we went to a genetic pediatrician for answers and assessments. The genetic doctor has provided a lot of tests - one of which was testing for MTHFR gene mutation. This genetic mutation may be a very important factor in deciding whether or not vaccination and other toxic exposures are recommended. The doctor took a saliva sample from the cheek and carried out a complete panel of analyzes with the complex list of drugs my child could and could not tolerate. This was one of the most valuable tests I've done in this adventure. I get these results with me whenever we see a doctor for any kind of test.

We went to a nutritionist to test the stool and blood to find out what kind of food triggers sensitivities because it is known that all children with autism follow a more or less common diet, gluten-free and casein-free. I was told by the nutritionist that it was noticed that autism is an autoimmune disease that attacks the brain. All of this cost a fortune, but they gave us a lot of information and followed the recommended diet as a whole.

However, four hours a day, five days a week for the entire twelve-month period, with no breaks for holidays, we had an improvement of only three months in the first six months of diagnosis. It was so disappointing! We swim in vitamins, supplements, therapies, and we still have no major improvement or relief. The child was the son of speech, so the hardest part was always the guess of what he was trying to tell us. The days I was crying seemed to never disappear. Frustration and disappointment in lack of improvement was so sad!

While working on the book I was about to launch, "**The Body Heals: As the deep awareness of your muscles and their emotional connections helps you heal**," I was sent to South Florida in West Palm Beach until at the Upledger Institute for Cranioacral Therapy. I heard of her and I even had a friend who followed a treatment but I did not have the idea that this interview for my book will change my life. It appears that this institute specializes in autistic spectrum disorders, ADD / ADHD, sensory integration and sensory processing disorders. Children and their families fly here from all over the world for this treatment.

We started to see a local therapist and in just two weeks of the first session with our therapist my baby started talking! She lost her diagnosis of speech apraxia and told me a complete phrase: "Mom, I want the boots to come out." I fell on my knees thanks to God! And in the next six months, continuing with our rigid diet and therapy program, but adding craniosacral therapy every two to three weeks, its development progress in this period was fourteen months of development regained over a six-month period.



In this picture you can see in the graph on the right side the evolution of the girl after the implementation of the craniosacral therapy

This has changed everything for us! She started talking a little and behaving with more empathy for herself and herself. So much so that after six months I retired from that ABA school and enrolled her in a kindergarten with children of his age.

Looking back to the intensive ABA therapy period, I have very mixed feelings about what I put my baby to do. My baby loved her at first and the therapists were wonderful with her. But when she stopped loving her and instead became hysterical every time we went there, we had to make another decision. It was not completely verbal at that time, and I had to be very conscious of the fact that another mother showed me: "behavior is communication." My child told me he was not safe in that place, and it took me a few weeks to really listen to her. Finally, I made the decision to withdraw her from there and I am so grateful that I listened to it and honored my request. Taking this decision was very difficult and extremely rewarding,

In less than one year from the last assessment with our development pediatrician, she no longer meets the criteria for diagnosing the autism spectrum, and the doctor has officially removed the complete diagnosis. The doctor looked at me and said: "This is rare or never happening. You must accept the miracle and know that everything you do with the child works."

But it's not a miracle! It is craniosacral therapy and is founded on left brain science! But it's not one of the basic therapies that old school doctors ever mention. Doctor Upledger presented this work at Congress in the 1990s. He was on the front cover of Time magazine many years ago because he founded this work. This work is based on eight years of medical research at the University of Michigan, which fully supports it. And yet it is not yet known as far as it should be. I would have jumped over all this rigid therapy and would have gone straight to it if I knew of it.

It was like looking at my child's brain opening up like a lotus flower. Every session she did made her make a huge leap at a stage of development.



Hannah after loss of autism diagnosis

We still go to craniosacral therapy once a month, and I do the full course so I can take over my daughter's treatments.

As a result of this miracle, we discovered a naturopathy treatment called the NAET Nambudripad allergy elimination technique and this has eliminated all our food sensitivities! With these two therapies, craniosacral therapy and NAET, we literally received our full life back. My child goes to a regular kindergarten and lives to the fullest, does not follow intense diet and does not need intensive therapy anymore. She's happy and she's a good girl. She developed a beautiful compassion and empathy. And while I think the environment plays an enormous role in raising and curing our child, there are relevant genetic components, and we have to find the best way to intervene and help reconnect from our child's brain. Just because these therapies worked for me,

I think all our children can cure incredibly. Also, I think the less you can handle, the better and faster you get. I also believe with heart and soul that God led me to the Upledger clinic and NAET. I think that if other people knew that there was hope for our children and they would start to leave the beaten path and find other ways to heal rather than to maintain and do therapies that do not claim to recover or heal something with true. Your child's energy body is extremely sensitive, and in that body of energy you can find true and authentic healing. This is where magic lives. Do not be afraid to enter that magical area, help and heal your children from that place.

To search for a therapist near you, please go to the websites below. Also, please note that you are looking for a therapist who has pediatric training. You are not satisfied with anything less and ask for these credentials.

It is my sincere hope that every one of you with children who require healing will seek and find the best thing to offer the necessary help to the children. Please check biomedical, energy and therapeutic interventions as well as any traditional therapies your child needs. There is hope there, and it exists for each of you.

In love and gratitude,

Emily A. Francis



To find a therapist internationally for Craniosacral therapy click [here](#) for Romania click [here](#) and ask to contact if there is a therapist in your area certified in pediatrics and for NAET [here](#) .

Please do not hesitate to [contact me](#) ! "

Emily's book can also be found [here](#) , currently only in English.

Emily appeared on television and radio, including Atlanta Business Radio, Greg Mantell, KTLR Oklahoma, Lale Radio Channel with Neale Donald Walsch, and Chelsea Krost Spectacle. It was also presented by the Get Inspired project, the Healing with Experts series of experiments, My Wonderful Life and the Total Education Network. She has published a press article in Fitness Magazine for Stretch Therapy. Emily was part of an article last December in Fit Pregnancy. He published more than one article in Les Nouvelles Esthetiques and Spa and was published in the national magazine Massage Magazine. Recently, he was part of an umbilical cord blood line item.

Emily has held massage, anxiety, and other health topics for the broad and small audience, speaking at the Georgia Support Group for Ovarian Cancer, the Southeast Gynecology Association of Oncology, and staff in hospitals and student groups (Georgia State University) in the Atlanta region. He spoke for audiences at Northside Hospital in Atlanta, St. Joseph's Hospital and Dekalb Medical Center, and is invited as a teacher at Georgia's Massage School.



2 Comments



Susan Kratz on 2018-01-03 at 06:28

This story is happening more and more. There are many different known causes of this thing called 'autism'. It is a psychological / behavioral label that may have outlived it's usefulness. As more biological etiologies are discovered, the more the behavioral consequence is not helpful in guiding parents to proper treatment avenues. Also, in America ABA has become a big business with the diagnosis of autism being applied pretty darn fast and children are whisked away to an intensive program. Almost always parents are NOT guided towards any other avenues. Sensory integration, occupational therapy, craniosacral therapy, diet adjustments for gut healing, detoxing the body are rarely recommended once ABA gets a hold of a child. Differential diagnoses are not common from one practitioner, so a parent would not be able to look for other services / opinions. If a good diagnostician is on top of all research and clinical discoveries, then a good diagnosis would exclude: sensory integration disorders, encephalopathy with meningitis, leaky gut and malabsorption, parasite infestations (yes!), And dyspraxia. Most of the severe 'autistic' behaviors are actually 'unrelenting' pain in the head or gut ... without the ability to effectively communicate. Thanks for this sharing on your blog. It's a beautiful story. Yes, recovery is possible. without the ability to effectively communicate. Thanks for this sharing on your blog. It's a beautiful story. Yes, recovery is possible. without the ability to effectively communicate. Thanks for this sharing on your blog. It's a beautiful story. Yes, recovery is possible.



Daniela on 2018-01-03 at 13:56

Hello Susan, and thank you for your input! I could not agree with you more!
That's why I feel that awareness is so important!

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