

Barral Institute Case Study

Visceral Manipulation – Iliotibial Band Syndrome/Low Energy

Neck and Knee Pain/Depression

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Therapist: Joanne Enslin de Wet, BSc Physiotherapy (Wits), BSc (Med) (Hons) Sport Science UCT, MSc Exercise Physiology Boston University USA

Patient: Female, 42 years' old

Reason for coming: She had been referred by a friend because she had very low energy and has been depressed. She has constant pain in her neck, left knee pain and illiotibial band syndrome, and left sacroiliac pain.

Evaluation:

General Listening: The patient had an emotional listening.

Manual Thermal Evaluation:

There was intense heat projected over her left kidney, left ureter, left occiput, the heat projection was 30cm off the body, an emotional projection. There was also heat projected over her left rib cage and left knee 10cm off the body

Local listening:

My local listening attracted me to her left kidney, left ureter at insertion into her bladder. Her left kidney had a third degree ptosis.

Treatment:

I started treating her left kidney, she said she felt a sensation throughout her body. I then had an attraction into her left ureter and insertion into his bladder. I also treated her right kidney.

I then did the "landing the plane" technique with one hand one hand on the right frontal region, 30 cm off the body and the other on the left kidney. The energy was flowing more cephalad. When the kidney allowed me to "land", I evaluated and treated kidneys motility with induction, and kidney bladder motility.

I did the viscerosomatic technique on the right frontoparietal region and a line went to her left kidney.

At the saggital suture I saw the age line went to soon after birth. An image came into the screen of a small baby that was very happy, it then transformed into around the age of 4 years a young girl standing with nothing around. She wore a dress beyond her knees. The atmosphere was dark. The image then transformed into a young girl with a blue and white check running and kicking a ball.

When I asked her what had happened around 4 years, she said she was very lonely at that time. She also said she had a blue and white checked dress that she loved. It all made sense to her.

Results and Follow-up

After the treatment the patient reported to have a feeling of lightness.