



Home | News ▾ | Classifieds | Interact ▾ | About Us ▾

search stories

> ADVANCED

132 543

Regency
www.regencys.com

We design, adapt, adjust... until you fall in love

www.southernvalehomes.com.au

BUSINESS

Skull the focus of therapy

BY SUE COULTON

A THERAPIST with worldwide experience has moved to Albury to share her expertise in helping clients recover from a range of medical problems.

Jacqueline Scott has shifted permanently to Albury from New Zealand, where she was working as a full-time certified craniosacral therapist for the past eight years.

She trained with The Upledger Institute in New Zealand, the US and Canada.



Jacqueline Scott addresses health linked to the cranium as part of her work at Gentle Inspirations. Picture by RUSSELL

"I have specialised in pediatrics, although I work with all ages from newborns to the elderly," Ms Scott said.

"Craniosacral therapy is a medically-based, researched and clinically proven non-invasive form of body work.

"It refers to the cranial or skull bones in balance with the sacrum, or base. When there is an imbalance in this system it may cause any number of emotional or neurological disabilities."

Ms Scott said a craniosacral therapy practitioner uses very little pressure to the spine and/or bones of the skull, or to soften the tissue, muscles and/or organs of the body to aid healing.

"A craniosacral therapist works with the client to assist and facilitate the natural self-correcting power to heal itself," she said.

"The craniosacral therapy SER (Somato Emotional Release) process is a body/emotion release and incorporates psychotherapy and/or counselling techniques.

"Together with craniosacral therapy we recognise and work with the deep emotions which cause emotional, mental and/or physical symptoms such as pain, illness or dysfunction for the individual."

Ms Scott works from Gentle Inspirations, 520 Swift St, Albury, on Tuesday

view edition

April, 2006

« < Latest > »

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

Select an edition to view

weather

Current

Albury Apr 20 11:00am Fri

11.2°C WNW 4km/h

Click here for more

Forecast

#200604A
4/20/2006



Wednesdays. Contact: (02) 6041 1277.

[More details](#)

© 2006 The Border Morning Mail Pty Ltd. All rights reserved.