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#### Massage Therapists Washington State May 2001 Total copies mailed this issue: 95,791



#### Win Again

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In 1995, Washington state showed

cluding: massage therapists; chiropractors; medical doctors; acuall of the state's licensed categories of health care providers, inand podiatrists puncturists; naturopaths; physicians' assistants; registered nurses; ters with the passage of an "alternative provider" statute (House Bill 1034), which required insurers to cover services provided by its progressiveness in health care mat-

#### The Privilege of Being a Witness



John Upledger, DO, OMN

department of biomechanics. gan State University, shortly after I joined do it." I first said that in 1975 at Michithat it can't be done, you may be able to the faculty as a clinician-researcher in the "If you're not smart enough to know

# was subjectively feeling when I worked on patients with my I was embarking on research that would document what I

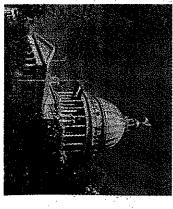
## Mississippi Massage Therapists **Bill Will Provide Regulation for** Licensure Comes to Mississippi

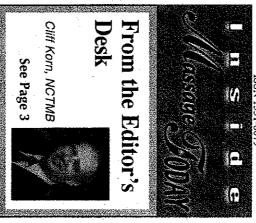
by Peter W. Crownfield, Managing Editor

tice of massage therapy. 30th state to adopt official legislation regulating the prac-Today goes to press, Mississippi is poised to become the JACKSON, MISSISSIPPI - As this issue of Massage

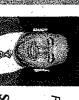
Mississippi Professional Massage Therapy Act (PMTA) Following approval by the Mississippi legislature, the

on March 1; then transand passed by the House mitted to the House on 2360. The bill was transtime as Senate Bill February 12; amended





Do You Mind If I Take This Call?



Perry Isenberg

See Page 4

**Debunking Insurance** Myths



# The Privilege of Being a Witness

Cont'd from page

was sensing was rhythmical, pulsing at a one in relation to the other. The motion I hands --- the movement of the skull bones, showed me microscopic views of human yet the anatomy department was telling me rate of about eight to 10 cycles per minute. skull bones taken from bodies in the it was all in my mind. To prove it, they showed skull bones that were calcified and anatomy lab. Sure enough, their slides fused to each other.

views of skull-bone sutures taken from hands and senses. I kept on working until together. Instead, I chose to trust my own cept that as proof that skull bones fused I finally decided to look at microscopic agreed to assist me with the project. He brain-surgery patients. A neurosurgeon took the bone specimens during surgery Fortunately, I was too "dumb" to ac-

> press. ture, and sent them to me by Federal Exquick-froze them to preserve their architec-

skull-bone sutures that were neither fused nor calcified. In fact, the spaces in the su signed to move. The original fused specinerves, nerve receptors, elastic and collagen tures were chock-full of arteries, veins embalming fluids and preservatives, not of of post-mortem changes and the effects of mens from the anatomy lab were indicative that without reason. These sutures were defibers. Nature doesn't structure things like live patients. Lo and behold, these specimens showed

couldn't move in relation to each other, the accepted the premise that skull bones sity eventually led to my development of CranioSacral Therapy. But if I had simply My research at Michigan State Univer-

> craniosacral system might never have unmeans of reaching a higher potential. children and adults today who would never folded at all. And there would be many have received CranioSacral Therapy as a

Erb's palsy, which meant there was someand hand that were developmentally infanup at The Upledger Institute with a left arm cessful surgeries to relieve the unrelenting didn't grow properly. After three unsucand blood vessels to the arm. The arm just thing wrong with the function of the nerves tile. He was born with a condition called pain in his left shoulder, he finally came to us for help. For instance, a man in his 60s showed

approaches. But I thought we might also significantly, using a variety of bodywork worked on his craniosacral system to help be able to help the function of his arm. We ing the problem. Soon he was able to use release any restrictions that might be caushis thumb and fingers, which he had never Initially we were able to reduce the pain

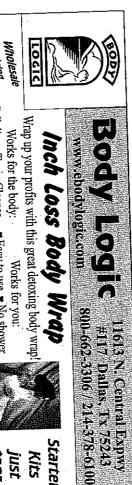
had x-rays taken and compared them to his arm and hand begin to grow. We even As our work proceeded we could see

enough, the bones were growing in length the impossible. and width. Once again we were witnessing those from before his first visit to us. Sure

starting to scratch the surface of the biologioften skeptical. It doesn't understand, or cal miracles that can occur. Yet science is seem to want to understand, the powers of that my intellect serves my intuitive side intention, faith and love. I am so pleased possible" dreams often do come true. rather than inhibiting it. As a result, "im-From my perspective, science is just

own personal credos: (1) Before we try to sulted in some wonderful things happening refuse to recognize the impossible, have re-(2) Man's ego is a major cause of disease. change nature we should understand her; and ful to have been given the privilege of being These beliefs, coupled with the fact that I incidents for which I am extremely thank-All of this has helped shape two of my

Palm Beach Gardens, Florido John Upledger, DO, OMM



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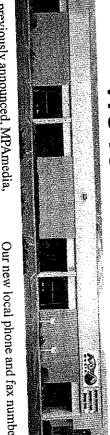


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