

Asthma and CranioSacral Therapy

By: John Rollinson

Personal Information: 42 year old man

History: Asthma, which interrupted sleep on a majority of nights

Previous Tx: Air filters and purifiers in bedroom, antihistamines and corticosteroids almost daily for 6-7 years.

Evaluation:

Findings: The immune system was confused about the need to defend the body, especially in the airways.

Tools used: Evaluation by blending with the immune system, particularly in the airways and thymus gland. We dialoged with the immune system and were able to convince it that the air was not a threat, and allowed it to release a lot of tension.

Objective results: Decrease of symptoms to the point of insignificance.

Subjective results: Calming in the inflammatory response.

Length of sessions: 60 minutes

Number of sessions: 3