

Baby Colic and CranioSacral Therapy

By: Nikki Campbell

Personal Information: Male, 8 weeks

History: Natural birth at home. Very quick once waters had broken - just over one hour. Colic at any time of day, unsettled, unhappy, very windy - not sleeping well day or night.

Evaluation: OA tight especially on left side. Umbilical area tight. Unwound spine, unwound umbilical area. Released OA. SER on visit during temporal technique - lots of crying.

Objective results: Baby became calmer, less windy, relaxed more, more outgoing and smiled and looked around during treatment. Neck freer and now happy to sleep with head on either side. Abdomen more relaxed.

Subjective results: Mom reported baby now sleeping through night, no more colic, happy and relaxed and outgoing. Mom also happy!

Average length of sessions: 30 minutes

Number of sessions: 4