

## Closed Head Injury and CranioSacral Therapy

**By: Rebecca Ridge**

**Personal Information:** Client #5 "P" **Birth date:** 6-1-66 **Sex:** Male

**History:** Closed head injury accident occurred on 5-18-96. Client received a blow to his head due to being hit by the engine cover of a front end loader. He was hit above the lamboidal suture and across the saggital suture. He went into a coma that lasted for 3 days. Spent 3 weeks in hospital and then returned to work. Has had a CAT scan which did not reveal any damage to the brain itself; however brain stem injury is suspected. He has reduced peripheral vision, a trembling and rigid left arm, gait is inverted and he has terrible and persistent headaches and sleeps only 3-5 hours per night. This has gone on for 18 months. He continues to work, up to 80 and sometimes 110 hours per week. He has been to a Musclo-skeletal, doctor and neurologist and is currently seeing a Physiotherapist, and has seen her for 10 sessions at \$80/hour for 1 and 1/2 hours every two weeks.

**Evaluation:** Restricted CS rhythm and shaking inside the rhythm, internal rotation of left foot vectoring up to L1 and T11. Compression and inferior vertical strain of the sphenoid and compression at the occipital base. The sphenoid actually displays all patterns of dysfunction. Very rigid in his legs, and torso, and poor breathing patterns, very shallow and only in upper lungs. During whole body release his body returns to posture of injury and goes into seizure-like activity, followed by a coma-like trance or sleep for a few minutes.

**Tools used:** Treating with CS therapy, 10 step protocol, clearing of Kidney, heart meridian, and SER, some myofascial unwinding of his arm as well.

**Objective results:** Releasing diaphragms of the pelvis, diaphragm and thoracic inlet as well as hyoid, is releasing some of the residual accident tension, shock and post traumatic stress in his body. His breathing has deepened, and chest wall has softened. Decompression of the occiput, and release of the frontal bone, parietals, and the sphenoid is assisting in clearing the compression and reducing his headaches somewhat, his eyes are clearing visually although still restricted peripheral vision, the seizures stopped after the 3rd session, then he experienced whole body shaking all the time, that cleared and now he has on the 7th session had another whole body release and seizure like movement in his musculature. However after these releases his body returns to calm. His gait has improved. The CS rhythm is now more smooth, with even flexion and extension his quality is fuller and his amplitude is stronger.

**Subjective results:** Patient is very positive about treatments and is committed to traveling 2 hours to receive therapy. With SER he has been able to experience some of the emotions related to his accident, anger and sadness. Has opened up to the dialoguing with different parts of his body, talking to his spirit, and finding a safe place to let healing enter into his life. Slowly beginning to look at his "workaholic attitude although not ready to "give it up". Some releases of the energy cysts in his cranium and also in his torso where he was crushed onto the tire that was supporting his weight, Full body release patterns leave him shaken and in lots of pain, he wants to compress his frontal bone and free up the falx cerebri. Small intestine release of the mesenteric root of the small intestine and also remobilization of the Liver caused his body to go into full SER and some of the anger he holds in relationship to the accident. Using dialoguing to explore the beliefs that maybe controlling his need to push himself, in spite of his major accident. Some part of him is in Denial that it was such a bad accident, He feels too vulnerable and out of control and fearful that his life and work are forever changed. This is a normal response and requires lots of

support for the client until they are ready to accept the impact this experience has had on his life. Leads me to believe there is still shock in the body.

**Average length of sessions:** 2 hours

**Number of sessions:** This patient is still in therapy.