

Upledger Institute Case Study
CranioSacral Therapy – Difficulty Feeding/Latching Bottle
By: Rob Fournier

CLIENT (GENDER & AGE): FEMALE 2 months

NUMBER OF SESSIONS: 1

AVERAGE LENGTH OF SESSIONS: 1 HOUR SESSION

DATE OF LAST SESSION: January 9, 2020

COST OF THERAPY PRIOR TO CST USE: N/A

COST OF CST THERAPY: \$120.00

HISTORY:

- Pertinent Medical History and Symptoms – Mom brought daughter in due to difficulty with feeding/latching onto bottle. She states daughter also has a lot of indigestion. Mom reports a long delivery with Pitocin used to speed up delivery. She states that daughter was born of a full term healthy pregnancy.

- **Other medical Interventions** – None

EVALUATION (& OTHER) FINDINGS –

1. CSR – weak respiratory diaphragm
2. Frontal bone – compression
3. Vomer – flexion lesion

TOOLS UTILIZED – Listening stations /arcing/ diaphragm releases / direction of energy /mouthwork/ completion of biological process /brain work

OBJECTIVE RESULTS: respiratory diaphragm back to normal CSR, frontal bone released, vomer back to normal rhythm, client able to have an effective suck response by end of session, she was able to latch onto bottle and drink half of it

SUBJECTIVE RESULTS (DISCUSSION) – Client went through biological process and she was lying on moms stomach went back into inversion and compression of head being stuck in birth canal, after releasing energy cyst around that she was able to do the process a second time with ease and mom holding her, following this and release of vomer client was then able to have an appropriate suck response, one week post follow up mom states that client has been successful with bottle feeds and indigestion has improved significantly.