

# Upledger Institute Case Study

## CranioSacral Therapy – Head Injury

By: Jill Mabry

### **Personal**

**Age: 68**

**Sex: Female**

### **History**

#### **Symptoms**

Left Parietal pain 7 to 10 all the time

Noise intensifies pain and creates dizziness

Luggage from an overhead on a plane fell on her head

#### **Pertinent medical history**

8 months of multiple doctor visits, MRI and medication with no change in pain

### **Evaluation**

#### **Findings**

Any touch at O/A elevated pain at point of injury on head

Minimal CSR at Left Frontal, Parietal, Sphenoid and Temporal

#### **Tools you used**

CST and LDT

#### **Subjective results**

Patient said these sessions are the only relief she has had

#### **Objective results**

Pain levels went down one to two points after each visit.

Each session continued to release tissue tension and inflammation

Patient receives 8 sessions once a week, 2 sessions bi-weekly and currently holding with no pain

#### **Average length of sessions**

One hour

#### **Number of sessions**

10

#### **Cost of therapy prior to CST use**

Information not available to me

#### **Cost of CST therapy**

\$135 per session x 10 = \$1,350.00