

# Upledger Institute Case Study

## CranioSacral Therapy – Low Suck During Nursing

By: Jill Mabry

### **Personal**

**Age:** 2 ½ months

**Sex:** Female

### **History**

#### **Symptoms**

Mother said baby has low suck

#### **Pertinent medical history**

2 Visits to Pediatrician and 3 visits to Lactation Consultants

### **Evaluation**

#### **Findings**

Torso Right side bend

O/A compression

Compressions of CN IX, X, XI at Occipital/mastoid suture

Compression of CN XII at Intra-Oral Mandib. sweep

#### **Tools you used**

Pediatric CST

#### **Subjective results**

During visit mother nursed baby and baby began to suck stronger

#### **Objective results**

Torso held midline

O/A softened

Release of Occipital/mastoid suture

Oral sweep softened tissue under tongue

Showed mother Ear Pull Technique

#### **Average length of sessions**

One hour

#### **Number of sessions**

One

#### **Cost of therapy prior to CST use**

Information not available to me

#### **Cost of CST therapy**

\$135