

Dyslexia and CranioSacral Therapy

By: Charles Gilliam

Personal: Age: 7 Sex: male

History

Symptoms: Dyslexia, slow reading, difficulty speaking

Pertinent medical history: Forceps delivery, adopted at age of 6 weeks, normal medical attention, immunization, etc. No previous body oriented care.

Evaluation

Findings: Left temporal into external rotation, inferior vertical strain, compression A-0, restricted left palatine and slightly impacted maxilla.

Tools used: CST, Zero Balancing

Objective results: Balanced motion restored in cranium and hard palate.

Subjective results: Max's reading level improved after first session. His running pattern, which was not mentioned as a symptom, became easier and he began swinging his arms. In our work on his tongue, Max cried and did not want me to stop what I was doing. While he could not express what was behind the emotion, he was noticeably lighter afterward. After releasing in his tongue, his speech became easier and clearer and literally his tongue became untied. After six sessions over a period of six months, his school teacher was noting to Max's parents her excitement at his reading and speech progress.

Average length of sessions: 1 hour

Number of sessions: 8