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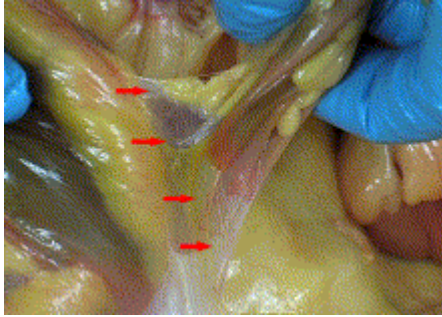
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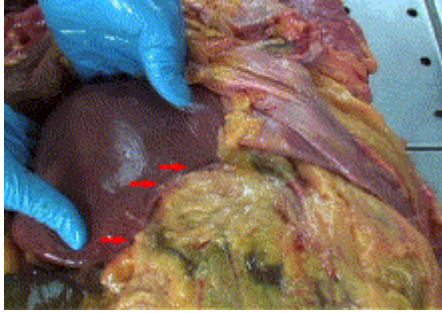
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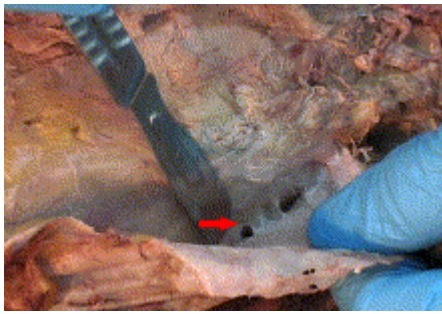
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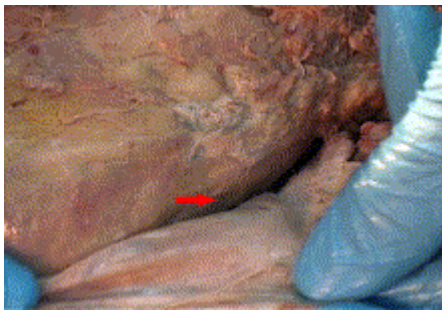
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Fascia Research: Visceral Adhesions

Notes on visceral adhesions as fascial pathology

Author links open overlay panel [Gil Hedley](#)

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Summary

[Fascia](#) is introduced as an organizing anatomical category for visceral [mesothelia](#).

Normal [tissue](#) relations are discussed in order to frame the presentation of abnormal visceral adhesions as fascial pathology, 4 types of which are identified. Laboratory [dissections](#) of fixed and unembalmed human [cadavers](#) provide the [basis](#) for [insights](#) into these pathologies as regards [self-care](#) and [therapeutic](#) technique.

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