

Barral Institute Case Study

Visceral Manipulation - Bed Wetting

Alison Harvey, DC

Patient Age / Gender

7-year-old Female

Patient Symptoms

Bed wetting. Was dry through the night from ages 2 - 3 1/2 and then began bed wetting.

Evaluation / Treatment

8 treatments over 6 months. Evaluation took therapist to sacrum/sacroiliac joints. When mother was told this, she recalled her daughter had fallen out of a loft at age 3 1/2 but had not previously associated it with her starting to bed wet.

Outcome

Gradual improvement until virtually full resolution (maybe 1 incident every 4-6 weeks). Great improvement after sacral decompression -> pelvic visceral work after first visit and gradual improvement since.