

Barral Institute Case Study
Visceral Manipulation - Headaches and Neck Pain
Susan Reiter, PT

Patient Symptoms

Headaches, neck pain, nausea, head neck SB R 20d., LBP. First gastric bypass did not go well. Seven years after second revision of bypass, gallbladder removed.

Evaluation / Treatment

Two months of treatments. Liver was stuck superior; cardiac sphincter area immobile. Tightness in dura and fascia from posterior diaphragm and liver to top of head R>L. Visceral Manipulation to liver, stomach, sphincters, dural glides, and myofascial release cervical areas. CST and SER work around the area of first "botched" surgery.

Outcome

Headaches 90% better; head straight; neck pain decreased 70%; no nausea; normal bowels; starting to work again.