

# **Barral Institute Case Study**

## **Visceral Manipulation - Scoliosis and Back Pain**

### **Gugi Decher, LMT**

#### **Patient Age / Gender**

Female, 50 years old

#### **Patient Symptoms**

Spontaneous scoliosis at age 27. She came in for back pain, was referred by her RPT. Scoliosis was considered untreatable; pain relief for back was good.

#### **Evaluation / Treatment**

General Listening pulled toward left hip/posterior aspect. Tissues in this area were flattened, immobile, restricted. Patient couldn't remember any injury here until later, when she recalled a serious fall at age 20. Once she remembered, tissues began releasing. We used connective tissue massage for the posterior hip, and Visceral Manipulation around the left psoas and sigmoid.

#### **Outcome**

After three sessions, back pain had decreased. Spine could lay straight while NWB. Patient reported feeling taller.