

Barral Institute Case Study

Visceral Manipulation - Shoulder Pain

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Patient Symptoms

Right shoulder pain, upper trapezius and levator scapula trigger points and tightness. Clinically: decreased ROM right shoulder, right internally rotated and anterior postural position.

Evaluation / Treatment

Three liver mobility treatments and one gall bladder treatment.

Outcome

Resolution of symptoms after three treatments. Previously patient was receiving regular orthopedic physical therapy for six months elsewhere with no change in pain.