

Barral Institute Case Study

VM and Morning Sickness from Pregnancy

Dee Ahern, PT

Patient Age / Gender

22/Female

Patient Symptoms

From the patient: I am sixteen weeks pregnant and have been throwing up multiple times every day. I was only able to drink Ensure. I had one VM/CST session with Dee Ahern 8 days ago and have not been sick once since then and have been able to eat!

I have more energy. For example, since I've been pregnant I have been taking the elevator to get up to the 3rd floor because I can barely make it up the stairs...but since the session, I've been taking the stairs every day and breathing better.

Evaluation / Treatment

One VM/CST treatment session

Outcome

More energy, can breathe better and can eat!